



OUTDOOR Connections

TERM 4 2023

Outdoor Connections is an equine-assisted Therapy social program, hosted at the beautiful Four Oaks Farm in Littlehampton.

Participants will learn skills through interacting with the animals and each other in an outdoor farm environment, supported by the equine specialist at Four Oaks Farm, the Diverse Learning Outdoor Connections team, overseen by our experienced Developmental Educators.

Skills practiced will include animal care, care of horses and preparation for riding, supported activities on horseback, developing confidence and skills for working with others, including negotiation, planning together, and managing frustration and anxiety. It is expected the activities, will have the added benefits of practicing gross and fine motor skills, and improving balance and body awareness.

PLEASE NOTE: Sessions may be cancelled if weather is inclement (I.e. Strong winds and heavy rain, extreme cold) or over the forecast temperature of 36 degrees for Mt Barker. In cases where we have to cancel, you will not be charged.



Term Dates

- Tuesday 24th October 2023
- Tuesday 31st October 2023
- Tuesday 7th November 2023
- Tuesday 14th November 2023
- Tuesday 21st November 2023
- Tuesday 28th November 2023
- Tuesday 5th December 2023
- Tuesday 12th December 2023

VENUE:

Four Oaks Farms, 23 Downing Road, Littlehampton

SESSIONS:

Sessions are held weekly on Tuesday's during school term.

CONTACT US:

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